

Guide for interviewing a prospective supervisor

A number of writers (e.g. Carroll & Gilbert, 2005) suggest a series of questions for supervisees to consider when interviewing prospective supervisors. We have added a couple, so that they now include:

- What is your principal orientation in the work?
- What is the central tenet of your supervision philosophy?
- How will you expect me to prepare for supervision?
- Do you use modalities other than talk?
- How do we review our supervision together?
- What happens if you aren't happy with my work?
- How would you judge that supervision was working?
- What happens to supervision notes?
- How do you give constructive feedback?

As with the choice of counsellor, supervisees often choose a supervisor on the basis of personal qualities and reputation, rather than the supervision model used. However, it is important to be conscious that, although it is good to feel comfortable with a supervisor, sometimes great learning comes from challenging ourselves to venture outside our comfort zones.